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## **By Debbie Ford The Dark**

Debbie Ford was an internationally recognized expert in the field of personal transformation. She was the best-selling author of many books, including: The Dark Side of the Light Chasers, The Secret of the Shadow, Spiritual Divorce, The Right Questions, The Best Year of Your Life, Why Good People Do Bad Things, The 21-Day Consciousness Cleanse, and The Shadow Effect.

## **The Dark Side of the Light Chasers: Reclaiming Your Power ...**

Debbie Ford (October 1, 1955 - February 17, 2013) was an American self-help author, coach, lecturer and teacher, most known for New York Times best-selling book, The Dark Side of the Light Chasers (1998), which aimed to help readers overcome their shadow side with the help of modern psychology and spiritual practices. In following years, she went on to write eight

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## **Debbie Ford - Wikipedia**

Debbie Ford was an American author of self-help books. Her first book, "The Dark Side Of The Light Chasers", spawned eight more books in the genre and dealt with confronting one's "dark side" rather than ignoring it. Ford also hosted television and radio shows related to her books. She passed away due to complications from cancer in 2013.

## **Debbie Ford (Author of The Dark Side of the Light Chasers)**

Debbie Ford was a #1 New York Times best-selling author and an internationally recognized expert in the field of personal transformation and human potential. Her books have sold more than one million copies, are translated into 26 languages, and are used as teaching tools in universities and other institutions of

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learning and enlightenment worldwide.

### **The Dark Side of the Light Chasers - Debbie Ford**

The Dark Side of the Light Chasers - Kindle edition by Ford, Deborah. Download it once and read it on your Kindle device, PC, phones or tablets. Use features like bookmarks, note taking and highlighting while reading The Dark Side of the Light Chasers.

### **The Dark Side of the Light Chasers - Kindle edition by ...**

About The Dark Side of the Light Chasers. The bestselling, beloved classic on how to go into the dark side of yourself to bring out the light — now with new material. Debbie Ford believes that we each hold within us a trace of every human characteristic that exists, the capacity for every human emotion.

### **The Dark Side of the Light Chasers by Deborah Ford ...**

Debbie Ford was a #1 New York Times best-selling author and

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an internationally recognized expert in the field of personal transformation and human potential. Her books have sold more than one million copies, are translated into 26 languages, and are used as teaching tools in universities and other institutions of learning and enlightenment worldwide.

## **- Debbie Ford**

According to Debbie Ford (best-selling author of *The Dark Side of the Light Chasers* and *The Secret of the Shadow*), the shadow contains all the parts of ourselves that we try to hide, deny or suppress. It is the keeper of all the aspects of ourselves that we dislike and the qualities that we judge as unacceptable.

## **What is the Shadow? (Debbie Ford) - Temple of the Dark Moon**

— Debbie Ford, *The Dark Side of the Light Chasers*. 12 likes. Like  
“It is only when we have the courage to face things exactly as

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they are, without any self-deception or illusion, that a light will develop out of events, by which the path to success may be recognized.”

## **Debbie Ford Quotes (Author of The Dark Side of the Light**

...

Debbie Ford was an internationally recognized expert in the field of personal transformation and a pioneering force in incorporating the study and integration of the human shadow into modern psychological and spiritual practices, She was the Executive Producer of The Shadow Effect movie. She personally led thousands of people from around the world through her renowned Shadow Process Workshop ...

## **Debbie Ford (1955-2013) — The Ford Institute**

Best selling-author of 7 books, Debbie Ford talks about "cleaning your past" and removing guilt and regret from past decisions.

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### **Debbie Ford: Light up your life from within - YouTube**

<http://www.PhilosophersNotes.com> Dark Side of the Light Chasers by Debbie Ford. Debbie Ford's "Dark Side of the Light Chasers" is a classic on integrating ou...

### **PNTV: Dark Side of the Light Chasers by Debbie Ford - YouTube**

Debbie Ford conducts seminars on the dark side at the Chopra Center for Well Being in La Jolla, California, where she is a consultant, teacher, and integral faculty member. She also leads her own day and weekend Shadow Process workshop nationwide. She lives in La Jolla with her son, Beau.

### **Dark Side of the Light Chasers By Debbie Ford | Used ...**

"The Dark Side of the Light Chasers; Reclaiming Your Power, Creativity, Brilliance, and Dreams" By Debbie Ford 1998. A Book



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on Humanity, Healing, on Becoming Whole ... I just had the most delicious read. The first couple of chapters seemed a bit difficult, almost redundant- there was a lot of repetition of the premise for the entire book.

## **Dark Side of the Light Chasers | catherinedextrase**

Face-to-face, Debbie Ford is a surprise. I had expected the author of the supreme bestseller The Dark Side of the Light Chasers and its recent sequel The Secret of the Shadow to be either a saffron-and-Birkenstock-wearing New Age poster child, or looking as perpetually perky as she appears on the cover of her most recent book. In truth, neither is remotely close.

## **Interview | Debbie Ford**

Debbie Ford, the best-selling self-help author, has died at her San Diego home after a long struggle with cancer. Ford's problem-plagued life served as inspiration for millions of readers, and ...

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## **Debbie Ford Dies: Top 10 Facts You Need to Know | Heavy.com**

In this enlightening guide, Debbie Ford explains that the dark side of our personality should not be hidden. By denying our dark side, we reject these aspects of our true natures rather than giving ourselves the freedom to live authentically. Here she shows that it is possible to acknowledge and accept our so-called weaknesses, proving that these qualities may be important, hidden strengths ...

### **Dark Side of the Light Chasers by Ford, Debbie (ebook)**

Debbie Ford is the New York Times best-selling author of The Dark Side of the Light Chasers and The Secret of the Shadow. Her other national best-selling books include The 21-Day Consciousness Cleanse , The Right Questions , Spiritual Divorce and The Best Year of Your Life

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## **What Is the Shadow?**

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